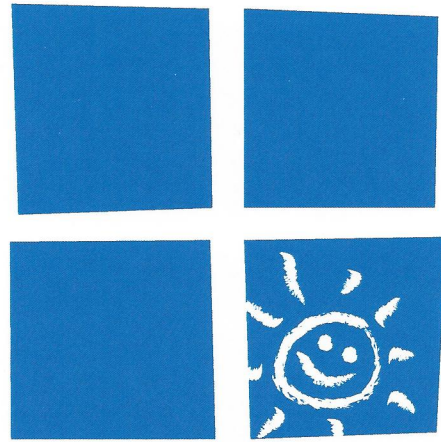


# Annual Report 2016 - 2017

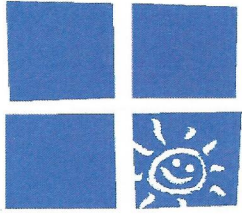


Alice Housing

Alice Housing is an award winning second stage safe housing organization for women and children, who are leaving domestic violence.



Live Safe



Alice Housing

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# TABLE OF CONTENTS

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## 1. Alice Housing Overview

## 2. Program Annual Summaries:

- Live Safe
- Healing the Bruises
- Safe Housing
- Community Navigator
- Administration

## 3. Board of Director Reports:

- Fundraising Report
- Co-Chair Report
- Executive Director Report
- Financial Report

## 4. 2016-2017 Audited Financials



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# ALICE HOUSING OVERVIEW

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Alice Housing is a non-profit organization that has been providing safe housing, counselling and support for women and children fleeing domestic violence since 1983. We operate under four guiding principles;

- ***Every person has the right to live without fear of physical, psychological, emotional, sexual, spiritual or financial abuse.***
- ***Women and men should have equal opportunities to develop their potential to live full and rich lives.***
- ***All persons have the right to decide for themselves the direction their lives will take, according to their personal values and needs.***
- ***Children have the right to grow up without terror and without fear from the very people who are supposed to protect them from harm.***

Through our multiple and award winning programs, Alice Housing enables long standing recovery, stability and the opportunity for women to reclaim their lives. Our **Safe Housing** program is the first step to safety and healing as it deals with our basic need of interpersonal safety. Our units are unmarked, equipped with enhanced security features and are flagged with community police. The next step is integration into our counselling program that is comprehensive, adaptable and holistic. We are able to provide counselling that is specific for women in our **Live Safe** program, which includes one-on-one therapy, trauma-informed group work, empowerment and holistic programming, such as yoga and self defense. In addition, we are proud to offer counselling explicitly for children in our **Healing the Bruises** program, which is comprised of art and play therapy, recreational activities and one on one counselling.

Alice Housing is also committed to providing referral, education and advocacy services to Nova Scotia and the Halifax Region. Our **Administration** is called upon daily by individuals seeking community resources and information about domestic violence. Our **Community Navigator** and **Executive Director** visit high schools, universities, organizations and corporate offices to increase their understanding of violence in relationships, provide tools to recognize warning signs and knowing where to get help.

Our **Board of Directors** are steadfast in ensuring financial accountability, stability and policies that reflect our mission and vision. We rely on strong corporate partnerships, government, community based organizations and the generosity and commitment of individuals to maintain ourselves financially, ensuring we live in a community where people can choose to live in violence-free homes.



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# LIVE SAFE

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## What women tell us after being at Alice Housing

*“I have realized that I didn’t even know what it felt like to live in a home that wasn’t safe. I used to be scared all the time. I now know I don’t have to live this way and that I can do it on my own.”*

*“I never would have had the courage to go back to school or even think that I could make it on my own. Alice Housing showed me that I could. They helped me see how strong and capable I actually was.”*

*“Alice Housing saved my life.”*

The women who come into Alice Housing have all fled intimate partner violence. We are proud of our innovative **Live Safe** program and are grateful every day to be able to provide this kind of specialized support for women in need in our communities.

This year, this department moved forward with an evolution of the primary position responsible for this department. Our “women’s counsellor” is now called our “**senior counsellor**” still providing counselling and programming for the women but also provides program review and supervision to our other counselling programs.

The following is a snapshot of some of the work we’ve done this year;

**One on One Therapeutic Counselling:** Women in the Live Safe program benefit greatly from this kind of confidential exploration of past trauma and how to move forward in their healing. **This past year we provided 325 one-on-one counselling appointments.**

**Group Therapy and Holistic Program:** We offer groups therapy and holistic programs enabling peer support, discussion about impacts of violence and learn tools for recovery and lifelong health. **58 group sessions were delivered last year.**

**Advocacy and support:** Advocating with social workers, health care practitioners, insurers, the courts, law enforcement and employers are just a few of the areas where we do our work. **Through the 2016-2017 year advocacy and support occurred on 201 occasions.**



Alice Housing

## HEALING THE BRUISES

Alice Housing is very proud of this innovative program and is grateful to be able to provide this kind of specialized support for the children and the mothers of our program and other community organizations.

**Counselling for Children:** The children who come into Alice Housing have been exposed to violence in the place where they should feel the safest; their home. In addition to the presence of violence, these children have to navigate the confusion around the perpetrator often being their father or a father-figure. This year we expanded our counselling services to families who do not live at Alice Housing but who have been exposed to family violence. **This past year we provided 280 one-on-one counselling appointments for children and transportation to and from when needed.**

**Parent Coaching and Support** Through Healing the Bruises we are able to provide the women in our program specific coaching and guidance on how to support their children who are healing from the abuse they witnessed. Their mother is an integral part of their healing in that she is the primary caregiver and the one who they witnessed experiencing the abuse. **207 hours of coaching and support was provided to mothers last year.**

**Community Support:** We continued to partner with **New Start Counselling** to deliver parent coaching and support and had opportunities to speak to groups of children and youth about family violence and healthy relationships through our schools on **19 occasions reaching over 300 students.**

### **What kids tell us after being part of Alice Housing and Healing the Bruises;**

***“I like that I don’t get nightmares since I have been talking to you.”***

***“I am learning I don’t have to be like my Dad”.***

***“My worries have gotten smaller”.***

***“I feel safe at home”***





## SAFE HOUSING

Establishing personal safety is the cornerstone of Alice Housing. We believe that; **every person has the right to live without fear of physical, psychological, emotional, sexual, spiritual or financial abuse.** As such, we work hard to ensure the housing we provide is set to levels that are affordable for everyone, are kept in good repair and the security features are maintained and effective.

During the 2016-2017 fiscal year our Safe Housing:

**Maintenance:** We did a full upgrade to the electrical infrastructure at one of our buildings. This upgrade took approximately one month and cost us just over \$62,000. This upgrade was necessary, as the existing wattage capacity no longer met newer requirements for buildings that size.

### What the women tell us about living at Alice Housing:

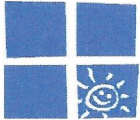


**“This is the first time I have ever lived on my own. I didn’t think I could do it.”**

**“I like having an alarm system and knowing the cameras are around the building. It makes me feel like I can let my guard down. Like he can’t get me here.”**

### Provision of safe housing:

- 14 women and 24 children escaped an abusive home last year through Alice Housing.
- At the end of March 2017 there were 17 women and families living with Alice Housing.
- 13 of those 17 women returned to work, obtained new employment or went back to school full time after a period of counselling and other Alice Housing services.
- Acquired furniture and start up house hold items for new tenants.
- Provided family and criminal court support for clients on 27 occasions.
- Provided snow removal services, lawn care, heat and hot water and alarm systems for all Alice Housing properties.



Alice Housing

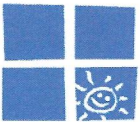
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## COMMUNITY NAVIGATOR

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This program provides outreach services and provides workshops on healthy relationships, builds community connections and raises awareness about intimate partner violence. *Since April 1, 2016 our Community Navigator position has:*

- **Provided support** for current and past Alice Housing clients through face-to-face, or telephone support on **276 occasions**.
- **Provided advocacy, referrals and community resources** for Alice Housing clients on **117 occasions**.
- **Delivered 15 community and school presentations** on Alice Housing, Intimate Partner Violence and Healthy Relationships.
- **187 occasions provided transportation and support to women** attending community meetings including; pre and post-natal care, court support, food security, financial management, obtaining medical care, mental health support, acquiring medication, and acquiring identification and health cards etc.



Alice Housing

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## ALICE HOUSING ADMINISTRATION

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This is the backbone of Alice Housing operations as it is most often our first point of contact with women calling in crisis, with funders and donors, staff members, clients needing services and anyone else who calls or emails looking for information. Administration takes a vital role in our fundraising and grant management systems.

- Received **913** phone call requests for information, resources, support and referrals.
- **79** women called in need of safe housing.
- **796** visits to our admin office and drop in centre from clients.
- Phone support for past and current clients on **209** occasions.
- Applied for **37** grants spanning local, provincial and federal organizations.

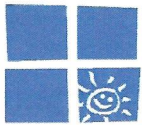


Alice Housing

Alice Housing offers a window of opportunity to women and children fleeing domestic abuse by providing safe and supported housing and programs over an extended period of time.



Contact 466-8459 [www.alicehousing.ca](http://www.alicehousing.ca)



Alice Housing

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# HOLISTIC PROGRAM

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**Non-Violent Communication:** 6-week program that teaches women how to acknowledge and communicate feelings in order to establish and maintain boundaries.

Project Outcomes:

- Enhance capacity to communicate by expressing feelings safely
- Embrace self-compassion and understanding
- Develop capacity to identify unhealthy relations and communication patterns

\*Partnership: Dawn Carson "**Halifax Shambala Centre**"

**Mindfulness Practice:** 6 week program that teaches women the art of a mindfulness practice and how to incorporate it into their lives.

Project outcomes:

- Practicing mindfulness improves both mental and physical health
- Relieves stress, anxiety and depression
- Improves ability to cope with trauma or ongoing stressors.

\*Partnership: Dawn Carson "**Halifax Shambala Centre**"

**Self Defence:** 6 Week Self Defence training teaching women how to be aware of their surroundings and how to defend themselves from aggressors.

Project outcomes:

- Women feel strong and they can protect themselves and their children if necessary
- Builds self-esteem
- Enhances autonomy and re-establishes a feeling of control over their own lives

\*Partnership: Joan Helson "**Sisu Women's Self Defence**"

**Trauma Informed Yoga-** Trauma-informed yoga is taught in a very specific manner, emphasizing control over one's own experience, honoring the limits of one's own body, and inviting trauma survivors to explore their individual experience.

Project outcomes:

- Learn poses which decrease symptoms of anxiety, depression, PTSD, and insomnia.
- Feeling empowered, and experience clarity.

\*Partnership; Cleo Burke; "**Therapeutic Approach Yoga Studio**"





# FUNDRAISING REPORT

In response to a typically busy schedule of dinner events and fundraisers, Alice Housing tried something new this year. Our fundraiser invited you to stay at home. This zero cost fundraiser was going to give our supporters the opportunity to donate to Alice Housing without the obligation of attending an event.

## THANK YOU TO OUR CORPORATE SPONSORS

Bell Canada  
Burgess Shipping Supplies  
Cabot Shipping Supplies  
Coconut Goodness Food  
Products  
Eastport Financial  
Gateway Insurance  
Halifax Port Authority  
HIAA  
Invesco  
Lawtons  
Wagners Law Firm  
Medaive BlueCross  
National Bank Financial  
O'Reagans  
SBW Wealth Management  
Stewart McKelvey  
TD Canada Trust  
Templeton Investments  
Wickwire Holm  
Willowbend Motel  
Killam Properties

AND ALL THE  
INDIVIDUALS  
WHO SUPPORTED  
THIS EVENT

## EVENT RAISED \$16,342!

ALICE HOUSING INVITES  
YOU TO  
**STAY-AT-  
HOME**

DECEMBER 31, 2016

In support of safe housing for women and  
children

We considered throwing the fundraising gala of the year this holiday season, but thought you might already be busy.

In exchange for your much-needed support, our gift to you:

- One less event on your busy calendar
- No need to pay for dinner, drinks, fancy dresses, tuxedo rentals or parking
- No worries about the weather putting a damper on your plans

Feel good knowing your donation will help give women and children fleeing domestic violence.

## Additional Fundraising Opportunities in the 2015-2016 Year



**50/50 Ticket Sales** Once again, Alice Housing had the opportunity to coordinate the 50/50 draws at the **Atlantic University Sport Basketball Championships** benefiting both Alice Housing and the Canadian Cancer Foundation. Over the course of three days, ten basketball games and with the help of 20 volunteers, **\$14,867** in 50/50 tickets were sold. We were also fortunate this year to be able to sell 50/50 tickets for the **Halifax Mooseheads** pre-season games that were held at the Halifax Forum! We were thrilled to have the opportunity to partner with the

**Total generated revenue from all 50/50 tickets sales events in 2016-2017 Fiscal; \$7158 ! Thank you Atlantic University Sport and the Halifax Mooseheads for these fantastic fundraising opportunities!**

Halifax Mooseheads and over the course of three games sold **\$3574** in tickets! After the thrill of handing out the cash prizes and donating to our partnering organizations Alice Housing's net proceeds totalled **\$7158!**



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## THANK YOU!

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Alice Housing would also like to thank the **Nova Scotia Department of Community Services** for their ongoing support for our programs and housing. This significant support provides us the opportunity to focus on the delivery and sustainability of safe housing and programming for women and children escaping violence. In addition to an annual financial contribution we are under the comprehensive arm of The Nova Scotia Advisory Council on the Status of Women where issues faced by women and their housing or opportunities to achieve safety can be heard and addressed through a women's centered approach.

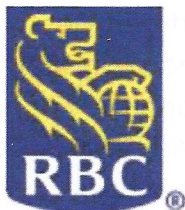
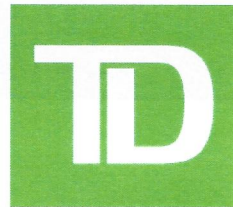
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We would also like to take this opportunity to acknowledge the fundraising success of **Royal LePage Atlantic**. Through multiple fundraisers throughout 2016/17 including an extraordinary bake sale and direct commission contribution donations from individual agents, **Royal LePage** raised over \$60,000 for Alice Housing and our programs!



**THANK YOU ROYAL LEPAGE ATLANTIC AND THE ROYAL LEPAGE SHELTER FOUNDATION FOR YOUR COMMITMENT AND HARD WORK! YOU ARE MAKING A DIFFERENCE FOR WOMEN AND CHILDREN IN OUR COMMUNITIES.**

*Thank you for your support!*



**Alice Housing would like to thank the following**  
**friends for their generosity and continued support;**

Adanac Maintenance	Lawton's
Aliant Pioneers	Markopelli Consulting Inc.
Alice Housing Christmas Angels	Medavie Blue Cross
Altitude Employee Benefits Solution	National Bank Financial
Atlantic University Sport	Nova Scotia Advisory Council on the Status of Women
Aviva	O'Regan's Automotive Group
Bell Canada	Prince Andrew High School
Beta Sigma Phi	Province of Nova Scotia – Department of Community Services
Bluteau DeVenney	RBC Foundation
Burgess Transfer	Royal LePage Shelter Foundation
Cabot Shipping Supplies Ltd.	Sackville Sports Stadium
Canadian Federation of University Women	SBW Newfoundland
Canadian Progress Club – Halifax Cornwallis	SBW Wealth Management
Canadian Women's Foundation	Shoppers Drug Mart Life Foundation
Canadian Federation of University Women	Shoppers Drug Mart Store #2014
Dartmouth	Sisters of Charity Halifax
Christ Church	Sobeys
Christian Weisenburger Law Inc.	St. Andrew's CWL
Cobequid Community Health Board	St. James Anglican Church
Coconut Goodness Food Products	St. Vincent de Paul CWL
Community Foundation of Nova Scotia	Status of Women Canada
East Coast Credit Union	Stewart McKelvey
Eastport Financial Group Inc.	TD Canada Trust
Environment Canada	TD Waterhouse Private Investment
Flemming Charitable Foundation	TELUS
Franklin Templeton Investments	The Georgina Foundation
FS Financial Strategies Inc.	The Halifax Mooseheads
Gateway Insurance	The Mariano Elia Foundation
Grace Chapel	The McCain Foundation
Grace United Church	The Nova Scotia Barristers Society
Halifax Community Health Board	The Rotary Club of Dartmouth
Halifax International Airport Authority	The Tarabish Girls
Halifax Port Authority	United Way of Halifax Region
Halifax Protestants Infants' Foundation	W. Garfield Weston Foundation
Halifax Regional Municipality	Wagners Law
Halifax Youth Foundation	Wawanesa Mutual Insurance Company
Imperial Oil Foundation	Wickwire Holm
Invesco	
Invis Angels in the Night	
Killam Properties	

***To protect privacy, we do not list donations made by individuals. If we have excluded anyone from this list, please know that your kindness has not been forgotten and is greatly appreciated***



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## CO-CHAIR REPORT

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Domestic violence is not a women's issue. It is an issue that has far-reaching impacts on men, women, children and families in our homes, workplaces, schools and communities. The Board of Directors is proud to support Alice Housing's strategic focus of engaging boys and men in the conversation and educating the community on the role they play in reducing violence. We are committed to being a strong voice in changing this conversation, while continuing to provide safe housing and supportive counseling to women and children in need.

Under the leadership of our Executive Director Heather Byrne, Alice Housing has had a busy and productive year working on opportunities to explore new directions and expand our reach within the community. We are impressed and inspired by her leadership, commitment and focus, as she has continued to build and strengthen existing partnerships and explore new ones in support of the families we serve. Together with the staff, Alice Housing has extended counseling services, which have made available to those who are not in the safe housing program. As well, Alice Housing has developed an education and prevention program for schools, industries and other community groups. These changes represent staff's tireless commitment to adapt in response to the needs of our client's and communities.

The Board of Directors could not be more pleased with the growth and direction of the organization and the opportunity it presents for the future. We want to thank all of the staff at Alice Housing, including Tina Riley, Andrea Beazley, Lori Morgan, Kira Kelly and Karen Spurr for their hard work, dedication and passion.

There were some changes in the Board of Directors this year with Theresa Hawkesworth assuming a Co-Chair position (with Karen Gordon as the existing Co-Chair) since Jessica Chapman left in June. We welcomed Christian Weisenburger to the role of treasurer after the departure of Leslie Hawco and welcomed Meaghan Blythe and Michelle Black to the Board. Unfortunately, the Board will say goodbye to Board Members, Fiona Bergin, Andrea Nauf and Amy Glynn at the AGM in June 2017. We thank them for their efforts and contributions and wish them well.

Alice Housing faced an unexpected challenge this year. One of our properties, which is home to eight women and their children, needed a \$62,000 electrical upgrade to meet safety standards. To help offset the cost, the Board undertook an innovative fundraiser we called our "Stay-at-Home Event". It was a smashing success, raising over \$16,000 with no expenses.

Following that event, we learned we were successful in our application for over \$80,000 worth of capital grants, resulting in significant upgrades at several of our properties which will take place in 2017-2018.

We were also excited to be selected by the Give Agency, which bring advertising, communications, marketing and strategic minds together to help nonprofits solve challenges in a single fast-past, fun day. We have lots of great ideas, strategies and tactics to consider in our planning for the year ahead that we received from this tremendous agency.

The Board's human resource committee supported efforts to re-structure and re-design roles to ensure we were positioned to meet our goals and objectives and began the huge task of revising and updating the Human Resources policy manual. That work will continue into the next year for completion.

We were pleased to once again partner with the Canadian Cancer Foundation and Atlantic University Sport to sell 50/50 tickets at the 2017 Basketball championships. In addition to raising money, this is a great opportunity to talk to people about Alice Housing. We are grateful to the many volunteers who helped with this initiative.

A sincere thank you to everyone who contributed to these and the many others successes Alice Housing achieved this year. We are optimistic that 2017-18 will bring us similar success and new opportunities for building awareness and community support and engaging men and boys in the conversation so we can continue to keep the women and children in our programs safe, help them heal and re-establish independence.

Karen Gordon and Theresa Hawkesworth, Board Co-Chairs



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## EXECUTIVE DIRECTOR REPORT

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This year marks my third year as Executive Director at Alice Housing. Since my time here, I have been overwhelmed by the community support that we see every day ranging from household deliveries left on our doorstep to third party fundraisers being inspired across sectors including yoga studios, law firms, and local small businesses. We receive personal cheques in the mail, donations in the name of a loved one who has passed and support for our annual fundraising endeavors. We also receive support from local community health boards and corporate community foundations, including TD, RBC, and Telus.

**We also thrive due to the commitment of our volunteer board of directors.** The 12 women and men who sit on the board of Alice Housing are a vital part of what keeps our doors open and allow us to provide this vital and sometimes lifesaving service in our community. In addition to their attendance and contribution at our monthly meetings, our board of directors volunteer at fundraising events, work hard to sell tickets to our fundraisers and make community and corporate connections.

Our staff team continues to evolve and works tirelessly to not only provide services to women fleeing violence in our communities but also to evolve and report on programming, challenges and successes. We know very well *why* we do what we do



but being able to show *what* and *how* we do what we do will make us stronger and enable ongoing community engagement and support. I would like to welcome our newest team members, Kira Kelly and Karen Spurr who are pioneers in two new positions at Alice Housing: Senior Counsellor and Community Outreach and

Education Facilitator.

**I want to thank all the staff at Alice Housing for your commitment to Alice Housing and the day-to-day support you provide to women and their children who are fleeing abuse.**

I would like to close of this report by speaking about the women who called Alice Housing home this past year. I know I speak for the entire staff and board of directors when I say that the bravery and resilience of these women and their families move us every day. We saw your fear and distress when you first came into the program. We saw your tears when you participated in group or counselling. We heard your stories. We also saw your victories, watched you blossom and reach your goals, and work towards establishing a life for yourself and your children free of violence and abuse. Your journeys are an inspiration and we could not be happier to have been a part of it.

We look forward to the 2017-2018 year with a fall fundraiser, some capital improvement projects, a re-brand and new website. Thank you everyone for your on-going support!

Heather Byrne, Executive Director



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# FINANCIAL REPORT

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*This report is made as of June 15, 2017 and reports on final draft numbers available at the time of printing.*

During the year ended March 31, 2017, Alice Housing had total revenues of \$611,407 (Operating Revenue - \$115,249 and Other Income - \$496,158) and total expenditures (Operating Expenditures - \$148,347 and Administrative and Other Expenditures - \$419,341) of \$567,715, which resulted in Excess Revenues Over Expenditures of \$43,692.

Earnings from operations reported a \$33,125 deficit which was the result of the properties requiring \$66,190 of repairs (rental income was \$106,491). These repairs were \$23,574 less than those required in fiscal 2016, resulting in a deficit from operations which is \$16,655 less than the deficit from operations in fiscal 2016.

The Excess Revenues Over Expenditures in fiscal 2017 were \$42,681 less than in fiscal 2016. This decrease is primarily the result of a \$80,350 decrease in Donations and Fundraising revenue in fiscal 2017 from fiscal 2016. While the organization held a successful fundraising campaign, the organization did not hold an in person fundraising event as it did in fiscal 2016 (as it was thought best to shift the timing of such an event from spring to fall) and corporate donations were significantly reduced due to a timing issue which will see some of the anticipated 2017 fiscal year donations be realized in the 2018 fiscal year.

Administrative and Other Expenses decreased by \$13,811 from fiscal 2016. This decrease is due to a \$22,354 reduction in Fundraising Expenses, as the organization did not hold a major in person fundraising event as it did in the previous year. Excluding Fundraising Expenses, Administrative and Other Expenses increased by \$8,543 which can be viewed as approximately a 2% inflation increase.

The Board has approved the budget for fiscal 2017/2018 projecting an increase in resources of \$8,402.

Christian Weisenburger, LL.B, MBA Treasurer



**ALICE HOUSING**  
***(Second Stage Housing Association of Dartmouth)***  
**Financial Statements**  
**Year Ended March 31, 2017**

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Index to Financial Statements**  
**Year Ended March 31, 2017**

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	Page
<b>INDEPENDENT AUDITOR'S REPORT</b>	1 - 2
<b>FINANCIAL STATEMENTS</b>	
Statement of Financial Position	3
Statement of Revenues and Expenditures	4
Statement of Changes in Net Assets	5
Statement of Cash Flows	6
Notes to Financial Statements	7 - 12
Schedule of Earnings from Operations ( <i>Schedule 1</i> )	13

# LYLE TILLEY DAVIDSON

Chartered Professional Accountants

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## INDEPENDENT AUDITOR'S REPORT

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To the Members of Alice Housing (Second Stage Housing Association of Dartmouth)

We have audited the accompanying financial statements of Alice Housing, (Second Stage Housing Association of Dartmouth), which comprise the statement of financial position as at March 31, 2017 and the statements of revenues and expenditures, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

*(continues)*

Independent Auditor's Report to the Members of Alice Housing *(continued)*

Basis for Qualified Opinion

In common with many not-for-profit organizations, Alice Housing, (Second Stage Housing Association of Dartmouth), derives revenue from donations and fundraising activities the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of Alice Housing, (Second Stage Housing Association of Dartmouth),. Therefore, we were not able to determine whether any adjustments might be necessary to donations and fundraising revenue, excess of revenues over expenses, and cash flows from operations for the years ended March 31, 2016 and March 31, 2017, current assets and net assets as at March 31, 2016 and March 31, 2017.

Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of Alice Housing, (Second Stage Housing Association of Dartmouth), as at March 31, 2017 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.



Halifax, Nova Scotia  
June 16, 2017

CHARTERED PROFESSIONAL ACCOUNTANTS  
Licensed Public Accountants

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Financial Position**  
**March 31, 2017**

	2017	2016
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash - unrestricted	\$ 120,620	\$ 181,296
Accounts receivable (Note 3)	7,255	12,478
Prepaid expenses	606	1,579
	<u>128,481</u>	<u>195,353</u>
<b>CASH - RESTRICTED</b>		
Replacement reserve (Note 4)	12,653	11,176
Security deposit	4,688	4,919
Operating reserve (Notes 4, 5)	214,426	195,255
	<u>231,767</u>	<u>211,350</u>
<b>CAPITAL ASSETS (Note 6)</b>	<b>471,188</b>	<b>426,244</b>
<b>INVESTMENT FUND (Notes 5, 7)</b>	<b>34,810</b>	<b>33,643</b>
<b>COPYRIGHT AND TRADEMARK (Note 8)</b>	<b>4,926</b>	<b>4,926</b>
	<u>\$ 871,172</u>	<u>\$ 871,516</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	\$ 19,363	\$ 45,911
Deferred revenue (Note 9)	26,724	34,924
Security deposits	4,373	3,783
Current portion of long term debt (Note 10)	4,362	4,362
	<u>54,822</u>	<u>88,980</u>
<b>LONG TERM DEBT (Note 10)</b>	<b>57,799</b>	<b>61,798</b>
<b>LONG-TERM DEFERRED GOVERNMENT GRANT</b>	<b>141,107</b>	<b>146,986</b>
	<u>253,728</u>	<u>297,764</u>
<b>NET ASSETS</b>		
Unrestricted	122,445	154,222
Replacement Reserve	12,653	11,177
Operating Reserve	214,426	195,255
Invested in Capital Assets	267,920	213,098
	<u>617,444</u>	<u>573,752</u>
	<u>\$ 871,172</u>	<u>\$ 871,516</u>

**ON BEHALF OF THE BOARD**

\_\_\_\_\_ Director

\_\_\_\_\_ Director

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Revenues and Expenditures**  
**Year Ended March 31, 2017**

	2017	2016
<b>REVENUES</b> <i>(Schedule 1)</i>	<b>\$ 115,249</b>	<b>\$ 119,604</b>
<b>EXPENDITURES</b> <i>(Schedule 1)</i>	<b>148,374</b>	<b>169,384</b>
	<b>(33,125)</b>	<b>(49,780)</b>
<b>OTHER INCOME</b>		
Province of Nova Scotia	210,642	210,642
United Way	56,142	58,549
Donations and fundraising	212,269	293,165
Investments and investment fund	9,219	19
Criminal Injuries Justice Fund	7,885	6,930
	<b>496,157</b>	<b>569,305</b>
<b>EXPENSES</b>		
Public relations	806	2,630
Administration	30,230	27,387
Program	16,142	12,610
Fundraising expenses	6,650	29,004
Professional fees	7,939	6,924
Repairs	7,472	4,998
Salaries and wages	328,851	329,801
Telephone	8,532	6,580
Travel	3,880	5,570
Utilities	8,838	7,648
	<b>419,340</b>	<b>433,152</b>
<b>EXCESS OF REVENUES OVER EXPENSES</b>	<b>\$ 43,692</b>	<b>\$ 86,373</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Changes in Net Assets**  
**Year Ended March 31, 2017**

	Unrestricted	Replacement Reserve	Operating Reserve	Invested in Capital Assets	2017	2016
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ 154,222	\$ 11,177	\$ 195,255	\$ 213,098	\$ 573,752	\$ 487,379
Excess of revenues over expenses	43,692	-	-	-	43,692	86,373
Transfer to replacement reserve	(1,476)	1,476	-	-	-	-
Amortization	18,712	-	-	(18,712)	-	-
Repayment of mortgages	(3,999)	-	-	3,999	-	-
Amortization of HRDC grant	(5,880)	-	-	5,880	-	-
Changes in investments	(19,171)	-	19,171	-	-	-
Purchase of capital assets	(63,655)	-	-	63,655	-	-
<b>NET ASSETS - END OF YEAR</b>	\$ 122,445	\$ 12,653	\$ 214,426	\$ 267,920	\$ 617,444	\$ 573,752

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Cash Flows**  
**Year Ended March 31, 2017**

	2017	2016
<b>OPERATING ACTIVITIES</b>		
Excess of revenues over expenses	\$ 43,692	\$ 86,373
Items not affecting cash:		
Amortization of capital assets	18,712	16,691
Loss on disposal of investments	-	437
Unrealized loss (gain) on investments	(4,582)	3,206
Amortization of HRDC grant	(5,880)	(6,124)
Reinvested income	(4,637)	(1,285)
Donated shares	(11,118)	-
	<u>36,187</u>	<u>99,298</u>
Changes in non-cash working capital:		
Accounts receivable	5,223	(456)
Replacement reserve	(1,477)	(1,477)
Security deposit	231	(1)
Accounts payable and accrued liabilities	(26,549)	25,533
Deferred revenue	(8,200)	152
Prepaid expenses	973	(178)
Security deposits	590	(787)
	<u>(29,209)</u>	<u>22,786</u>
Cash flow from operating activities	<u>6,978</u>	<u>122,084</u>
<b>INVESTING ACTIVITY</b>		
Purchase of capital assets	<u>(63,655)</u>	<u>(16,432)</u>
<b>FINANCING ACTIVITIES</b>		
Repayment of long term debt	(3,999)	(3,022)
Proceeds from sale of investments	-	89,596
Purchase of short-term investments	-	(191,844)
Cash flow used by financing activities	<u>(3,999)</u>	<u>(105,270)</u>
<b>INCREASE (DECREASE) IN CASH FLOW</b>	<b>(60,676)</b>	<b>382</b>
Cash - beginning of year	<u>181,296</u>	<u>180,914</u>
<b>CASH - END OF YEAR</b>	<b>\$ 120,620</b>	<b>\$ 181,296</b>



**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

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**PURPOSE OF THE ASSOCIATION**

Alice Housing (Second Stage Housing Association of Dartmouth) (the "Association") is a not-for-profit organization incorporated provincially under the Societies Act of Nova Scotia. As a registered charity the Association is exempt from the payment of income tax under Section 149(1) of the Income Tax Act.

The Association operates to provide second stage housing and support counselling for women and children leaving domestic abuse.

**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFPPO).

Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued, except for transactions with related parties which are recorded at the exchange amount. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Measurement uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities, disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Such estimates are periodically reviewed and any adjustments necessary are reported in earnings in the period in which they become known. Actual results could differ from these estimates. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets and deferred revenue.

Cash and cash equivalents

Cash includes cash and cash equivalents. Cash equivalents are investments in treasury bills and are valued at cost plus accrued interest. The carrying amounts approximate fair value because they have maturities at the date of purchase of less than ninety days.

Investments

Investments for which there are quoted prices in an active market are carried at fair value. Unrealized gains or losses are reported as part of net income. Impairment losses, or reversal of previously recognized impairment losses, are reported as part of net income.

*(continues)*

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

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**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)**

Contributed services and materials

Volunteers contribute many hours per year to assist the Association in carrying out its activities. As well, the Association accepts various household items, clothes and food as donations that the women are able to take. Due to the difficulty in determining their fair value, contributed services and materials are not recognized in the financial statements.

Capital assets

(a) Units A & B, E and Duplexes 1 & 2

Capital assets are stated at cost less accumulated amortization. Amortization on capital assets is provided at an amount equal to the principal retirement of long-term debt. Amortization on equipment is at an annual rate of 20% starting in 2004.

(b) Drop-in Centre/Office

Capital assets are stated at cost less accumulated amortization. Capital assets are amortized over their estimated useful lives on a declining balance basis at the following rates:

Property and buildings	4%
Equipment	20%

Amortization is calculated at one-half of the normal annual rate in the year of acquisition.

Impairment of long lived assets

The Association tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

Long-term deferred government grant

The long-term deferred government grants are recorded at the cost of the Drop-in Centre/Office, building and equipment, which were fully funded by an HRDC grant. Amortization is recorded at an amount equal to amortization of the related capital assets

Government assistance

The Association receives shelter enhancement funding to cover the cost of the repairs on the rental properties. This funding is recorded in the year it is received and is included in grants revenue.

*(continues)*

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

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**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)**

Revenue recognition

Alice Housing follows the deferral method of accounting for contributions.

Restricted contributions and government assistance are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Endowment contributions are recognized as direct increases in net assets.

**2. FINANCIAL INSTRUMENTS**

The Association is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The Association's financial instruments consist of cash, accounts receivable, operating reserve investments, investment fund, accounts payable, long-term debt and long-term deferred government grant. The following analysis provides information about the Association's risk exposure and concentration as of March 31, 2017.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Association is exposed to this risk mainly in respect of its receipt of funds from its customers and other related sources and accounts payable.

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The Association is mainly exposed to interest rate risk.

Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Association manages exposure through its normal operating and financing activities. The Association is exposed to interest rate risk primarily through its guaranteed investment certificates.

**3. ACCOUNTS RECEIVABLE**

	2017	2016
Accounts receivable	\$ 1,491	\$ 2,595
Accounts receivable - other	42	-
HST rebate receivable	5,722	9,883
	\$ 7,255	\$ 12,478

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

**4. RESERVE FUNDS**

Replacement Reserve

The Replacement Reserve is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A and B. This reserve is required under the terms of a financing agreement with the Minister of Housing of the Province of Nova Scotia and the Halifax Regional Municipality.

Operating Reserve

The Operating Reserve was established in March 2009 and is to be used to cover any emergencies in the operations of Alice Housing. As at March 31, 2017 the balance is \$214,426 (2016 - \$195,255).

**5. INVESTMENTS**

	2017	2016
<b>Income (loss)</b>		
Interest Income	\$ 2,062	\$ 1,222
Investment income	1,408	2,438
Realized loss on sale of investments	-	(436)
Unrealized gain (loss)	4,582	(1,098)
Increase (decrease) in endowment fund value	1,167	(2,107)
	\$ 9,219	\$ 19
 <b>Holdings at market value</b>		
Cash and sort-term investments	\$ 72,739	\$ 70,581
Mutual funds	81,034	80,429
Equities	60,653	44,245
	214,426	195,255
 Investment fund	34,810	33,643
	\$ 249,236	\$ 228,898

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

**6. CAPITAL ASSETS**

	Cost	Accumulated amortization	2017 Net book value	2016 Net book value
Unit A	\$ 261,764	\$ 187,319	\$ 74,445	\$ 15,221
Unit B	98,613	97,927	686	858
Duplex 2	35,450	35,224	226	282
Duplex 1	37,853	37,559	294	367
Unit E 1	157,235	29,632	127,603	131,669
Unit E 2	156,224	29,397	126,827	130,861
Drop in centre/office	235,000	93,893	141,107	146,986
	<b>\$ 982,139</b>	<b>\$ 510,951</b>	<b>\$ 471,188</b>	<b>\$ 426,244</b>

**7. INVESTMENT FUND (Alice Housing Fund)**

In 2011, Alice Housing entered into an agreement with The Community Foundations of Canada (Foundation) to establish the The Alice Housing Fund (the "Fund") with an initial gift of \$25,000. Per their agreement, the Foundation will provide administrative, fund development, and grant making expertise and promotion of The Alice Housing Fund.

The Fund is invested by the Foundation and any investment income or donations received shall be disbursed on an annual basis to Alice Housing. At Alice Housing's discretion, the income may be paid to Alice Housing or reinvested in the Fund.

The Fund will be held permanently by the Foundation until the agreement is amended, or Alice Housing ceases to exist. In the event Alice Housing ceases to exist, the contribution will remain with the Foundation to support other charities or charitable causes as determined by Alice Housing. Should the Foundation cease to exist, Alice Housing would receive their proportionate share of the market value of the investments in the Foundation represented by the Fund.

**8. COPYRIGHT AND TRADEMARK**

The Association obtained the copyright and trademark of their Healing the Bruises Program. This is an internally developed children's program used to assist youth in their rehabilitation and recovery from abusive relationships. It is the intention of the Association to lend or licence the use of this program to other similar organizations.

**9. DEFERRED REVENUE**

	2017	2016
Deferred rent revenue	\$ 5,250	\$ 4,120
Deferred grants	21,474	30,804
	<b>\$ 26,724</b>	<b>\$ 34,924</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2017**

**10. LONG TERM DEBT**

	<b>2017</b>	<b>2016</b>
Mortgage bearing interest at prime plus 1% per annum, repayable in principal plus interest payments of \$4,362, secured by land and building to which it relates with a net book value of \$141,107.	<b>\$ 62,161</b>	\$ 66,160
Amounts payable within one year	<b>(4,362)</b>	(4,362)
	<b>\$ 57,799</b>	\$ 61,798

Principal repayment terms are approximately:

2018	\$ 4,362
2019	4,362
2020	4,362
2021	4,362
2022	4,362
Thereafter	40,351
	<b>\$ 62,161</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Schedule of Earnings from Operations**  
**Year Ended March 31, 2017**

(Schedule 1)

	Unit E 2017	Unit A 2017	Unit B 2017	Duplex 1 & 2 2017	Total 2017	Total 2016
<b>REVENUES</b>						
Rental revenue	\$ 14,540	\$ 44,761	\$ 19,015	\$ 28,175	\$ 106,491	\$ 109,112
Grants	-	-	8,000	-	8,000	8,500
Washers and dryers	-	463	132	163	758	1,452
Fundraising	-	-	-	-	-	540
	14,540	45,224	27,147	28,338	115,249	119,604
<b>EXPENDITURES</b>						
Amortization	8,101	4,602	-	130	12,833	10,567
Bad debts	-	5,673	2,339	1,645	9,657	9,633
Heat	-	8,261	2,977	6,164	17,402	14,509
Insurance	1,401	2,646	1,404	1,968	7,419	6,904
Miscellaneous	-	-	-	-	-	167
Mortgage interest	2,205	-	-	-	2,205	3,000
Power	6,341	3,066	1,182	1,089	11,678	8,353
Property taxes	1,958	1,002	923	1,339	5,222	5,255
Repairs	5,246	21,713	23,023	16,208	66,190	89,764
Security	1,411	2,081	1,994	2,482	7,968	13,838
Water	1,633	1,561	1,184	3,422	7,800	7,394
	28,296	50,605	35,026	34,447	148,374	169,384
<b>LOSS FROM OPERATIONS</b>	\$ (13,756)	\$ (5,381)	\$ (7,879)	\$ (6,109)	\$ (33,125)	\$ (49,780)