

Ci Top Pick **Charity** 2012

2013-2014

Alice Housing Annual General Report



Alice Housing

Introduction to Alice Housing

Alice Housing provides up to two years of safe housing and support for women and children leaving abusive and violent situations. Alice Housing contributes to saving lives by breaking the cycle of violence for women and children and, in doing so, women and children go on to live productive and peaceful lives.

History of Alice Housing

The first clients of Alice Housing arrived in March of 1983, as the organization opened its doors with 16 units in three properties located in Dartmouth, Nova Scotia. Staffed by only the Executive Director, project funding enabled ad-hoc counselling programs to exist sporadically until 1998, when an additional staff person was added to offer counselling as needed. In 2001, a full-time Women's Counsellor was hired to meet the growing therapeutic needs of women leaving domestic violence. In 2004, a Drop-In Centre and youth building were purchased supported by funding from the Supporting Communities Partnership Initiative. Due to ongoing sustainability challenges, the youth building was sold in 2007.

In 2006, with seed funding from the Community Mobilization Program, a long standing gap in services was filled with the creation of Healing the Bruises, a therapeutic counselling program for child witnesses of domestic abuse. With program outcomes far exceeding expectations, in 2007 Healing the Bruises became a full-time component of the Alice Housing program.

Second stage housing refers to longer term safe housing, following a stay in transition housing. With 18 units, Alice Housing is the one of the largest and oldest second stage housing organizations in Canada and the largest in Atlantic Canada. In the last decade, the organization has become a leader in the Second Stage housing movement in Canada and is a charter member of the Federal Alliance of Second Stage Housing Providers.

In 2013, 89% of the women who left Alice Housing did not return to their abusive partner

Mission and Goals

Alice Housing's Mission is to "provide safe second stage housing and supportive counselling for women and children leaving domestic violence".

Alice Housing has two overarching goals to realize the mission:

- 1) To provide women and children the support and counselling needed to recover from the effects of abuse and trauma; and
To decrease the chance that women and children will return to abusive households.

To achieve these goals Alice Housing:

- Provides women with safe, affordable housing so they do not have to make the difficult decision between remaining in abusive relationships and becoming homeless;
- Provides safe, non-judgmental housing for women, with or without children, leaving abusive situations that have identified their own need for on-going support and counselling;
- Increases women's well-being and self-sufficiency;

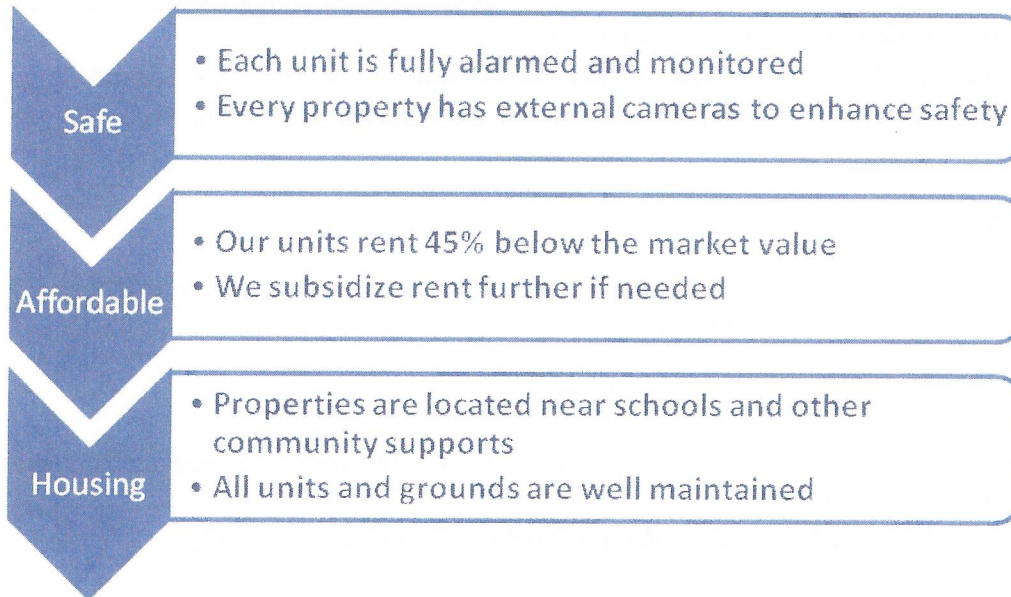
- Ensures women and children feel safe and no longer live in abusive environments;
- Provides the opportunity for women to develop increased positive coping skills, enabling them to deal with a variety of personal issues and become aware of the cycle of abuse; and
- Provides children with the opportunity to heal from trauma in a safe environment.

Our Programs

Safe Housing

After a two-tiered intake process and risk assessment, women and children entering the second stage housing component of Alice Housing do so from either a transition house or from an unsafe living arrangement. All have left an abusive household, often leaving everything behind. These families are in crisis and homeless when they enter the Alice Housing program. Alice Housing provides safe and affordable housing for these women and their children, along with the coordination of donations of furniture, food and other goods to ensure the family has the necessities needed to start their new lives. Rents are kept in line with Department of Community Service (DCS) levels and geared to income to ensure the financial burden does not become a barrier to women leaving domestic abuse.

We replaced all the windows at one of our sites this year!



Live Safe



LiveSafe

Individual and/or group counselling is provided as women make the decision to leave abusive relationships. Each woman, with the support of our women's counsellor, develops short term and long term goals toward recovery, education, housing and career plans. Individual counselling and workshop attendance is mandatory for women accepted into Alice Housing.

Women attend weekly group programs in an effort to share openly their experiences in a women centered and supported environment. This process also encourages the establishment of their support networks within Alice Housing and the community. Our two psycho-educational groups are entitled ***Personal Empowerment for Women Leaving Domestic Abuse*** and ***Beyond Trauma: A Healing Journey for Women***.

Advocacy Services

For many women leaving domestic abuse situations, everyday tasks are viewed as overwhelming and, in some cases, hopeless. Alice Housing staff routinely accompanies women to legal appointments, Community Service meetings, court appearances and school meetings. When required, Alice Housing staff is involved with the local policing authorities, healthcare providers and Victim Services. The staff actively advocate on behalf of the client on issues regarding family benefits, mental health services, utilities, referrals to other community agencies, employment, and continuing educational opportunities.

*Three girls were chosen by
Dreams Take Flight to
spend a day in Disney
World in April.*

Developmental Programs

Personal and professional development programs are available to women as they begin their recovery from family violence. These programs are crucial to women as they learn new skills and strategies for independent living in the community.

Healing the Bruises



Healing the Bruises, a counselling and support program for child witnesses of family violence, addresses a long standing gap in services to the children and youth of Alice Housing. Due to the long waiting lists for mental health interventions in our community, the Healing the Bruises program provides support as children explore their feelings surrounding the violence they have witnessed in their family. The program provides modified play and art therapy, toddler check-ins, one-on-one counselling for school aged children, workshops for mothers, and on-going parental support. In addition, our dedicated Child & Youth Counsellor advocates in schools and other

agencies involved with each family to ensure the right service is being provided to the right child at the right time.

Holistic Healing Programs

Holistic healing practices help women regain their sense of self, get in tune with their body and develop their spiritual being. This past year several healing practices were added to our schedule of programs as part of the trauma recovery process.

Alice Housing offered on a six week rotational basis, yoga, meditation, non-violent communication, self-defence, and Reiki. Auricular acupuncture, a holistic therapy proven to decrease anxiety and depression, is offered on an ongoing basis as part of the Child and Youth Counsellor's programs for children, youth and their mothers. These alternative healing programs have had the following significant impacts on the participants:

- Increased self-esteem and confidence
- Improved their physical fitness
- Sharpened their focus
- Identify and express their feelings
- Learn the skills to defend themselves
- Be at peace and embrace wellness; improved health
- Grounding and breathing exercises to manage anxiety
- Have fun and enjoy life

Food Bank and Donations Room

For many women entering Alice Housing, the crisis they are experiencing includes financial strain, and the provision of food through our Food Bank (provided by Feed Nova Scotia) is essential to many families. Staff also coordinates with donors the distribution of personal care products, clothing, small household appliances and, in some cases, furniture.

Christmas Angel Sponsorship and Back to School Program

Through the coordination by staff, all families are sponsored for Christmas gifts and meals. All children and women attending school in September are provided with a knapsack of school supplies.

Our Work 2013- 2014

Intakes 41

- Number of visits to Drop In Centre - 738
- Phone Admin Support - 1865

**Womens
Counselling
sessions 287**

- Womens' Personal Dev. Workshops - 100
- Participants - 312
- Phone support to current clients - 879

**Child/youth
Counselling
sessions - 201**

- Child/youth/parent workshops - 36
- Participants - 301
- Youth Outings - 12
- Parent counselling sessions - 100



OUTCOMES

- 100% of women in the program have identified the impact of violence on all their behaviours as the result of the unresolved trauma they have experienced
- 89% of women are making healthier decisions in their intimate and interpersonal relationships by understanding the components of a healthy relationship and having the ability to recognize warning signs of early indicators of abuse
- 33% of women enrol in postsecondary/upgrading educational programs, and 44% of women entered the workforce while living at Alice Housing
- 89% of women who complete the program do not return to their abuser or get involved in another abusive relationship upon leaving Alice Housing
- 100% of children exhibit healthy coping skills and improved conflict resolutions
- 100% of parents report reduction in regressive behaviours such as nightmares and bedwetting
- Schools work closely with the Child and Youth Counsellor, working in partnership to resolve behaviour difficulties, improve school performance, and engagement
- 100% of parents report improved parent child relationships, decreased anxiety, reduced conflict in the home
- Children and youth report and demonstrate improved coping skills

Alice Housing Annual General Meeting 2014

Agenda

June 25th, 6:30 p.m.

Christ Church

1. Welcome - Approval of Agenda.
2. Review and approval of minutes of 2013 Annual General Meeting.
3. Reports:
 - a) Co-Chairs
 - b) Executive Director
 - c) Finance
4. Motion to approve auditors and accountant.
5. Board Executive for 2014-2015.
6. Appreciations.
 - Dianne West
 - Stephen McKenzie
7. Adjournment. Thank you.

MINUTES
ALICE HOUSING ANNUAL GERNAL MEETING
JUNE 25, 2013 6:30 P.M.
Christ Church

1. Approval of Agenda

Denise moved that the Agenda be approved. Catherine seconded the motion.

2. Review of Approval of 2012 AGM Minutes

Patti moved that the Minutes be approved. Jamey seconded the motion.

3. Reports

- a) Co-Chairs- Dorothy reviewed reports. Dorothy noted that it was Catherine's last board meeting and outlined the fundraising events that took place since the last annual general meeting. Some highlights include the May 2012 luncheon with Valerie Pringle, the May 2013 luncheon with Senator Jacques Demers and The Art Auction held in September 2012 which raised \$23,000.

Dorothy indicated that there would be no Art Auction in 2013, and it will be replaced with the 30th Anniversary Gala being held at the Westin with the Alice in Wonderland theme.

Dorothy further outlined that the Board made a lot of strategic progress in the 2012-2013 Board year spending a significant amount of time prioritizing goals and one of the biggest accomplishments being the hiring Kathy McNab as our part time fundraiser. An orientation was held for new members and current members in September 2012 and staff was present. The Board also mandated through two strategic planning sessions (in December and April) to create a legacy fund and increase corporate fundraising as well as increase Alice Housing's profile within the community and beyond. This year the organization will also be able to start contributions to staff pensions. Dorothy gave a special thanks to Steven and Donna from Change Management who donated their time to the strategic planning for Alice housing.

Dorothy highlighted that Joanne will likely not be with the organization this time next year and currently a subcommittee has been put together which is outing a transitional plan for the Executive Director transition.

Dorothy highlighted the success of Alice Housing on a national scale, including a recipient of the Donner Award for the 9th year in a row, the completion of a conflict of interest policy, media policy and investment policy.

Dorothy especially thanked Alice Housing's three outgoing members: Susan Hazelwood, Catherine Sanderson and Denise Williams.

b) Executive Director Report

Joanne's report outlined the work of Alice Housing over the last 12 months highlighting that Kathy MacNab has done an amazing job focusing on fundraising for Alice Housing. Joanne stated that the organization continues to see a tremendous need for the organization and continues to see the transformation of its clients.

Joanne continued to highlight that 89% of woman that are clients of Alice housing do not go back to their abusers.

c) Personal

Dorothy outlined that with the outgoing members of the Board that there is a vacancy of a co-chair position and she further indicated that the Board had voted in favor of Elizabeth joining the Board as co-chair.

d) Fundraising:

Joanne continued to highlight the efforts of Kathy MacNab and the positive outlook for the future of fundraising for Alice Housing.

e) Finance Report

Leslie Stewart outlined that the organization has a deficit of \$33,000 which is more than the year prior due to a decrease in sponsorship but for the upcoming year, expenses are decreasing and the outlook is favorable.

Susan Hazelwood made a motion to accept the reports. Catherine seconded the motion.

Susan Mills made a motion to approve the auditors and accountant's reports. Patti seconded the motion.

4. Nomination Committee Report and Board Nomination for 2013/2014

Dorothy outlined that there was lots of room for new Board members. Dorothy made a motion for Elizabeth to be elected as the new co-chair. Susan Mills seconded the motion.

5. Appreciations

Josh Bragg: volunteers on gym nights, is kind, compassionate, thoughtful and a great influence for the children.

The Halifax Youth Foundation: Beverly was there on behalf of the Foundation to accept our appreciation award.

The Atlantic Lottery Corporation

Handmade gifts by Philip Doucette were given to outgoing members Catherine Sanderson, Denise Williams and Susan Hazelwood.

6. Change to By-Laws

There were numerous changes to the By-Laws including change of name, gender neutral references, inclusion of electronic distribution and clarification of absenteeism and dedication to the Board.

Susan Mills made a motion to accept changes in the By-Laws. Jamey seconded the motion

7. Adjournment at 7:20.

Catherine moved to adjourn the meeting. Susan Mills seconded the motion.

Co -Chair Report 2013-2014

In 2013, Alice Housing saw significant change and growth. The staff and Board are to be commended for their hard work and dedication that led this grassroots organization into a surplus year (after a significant deficit last year) with many awards and accolades. Alice Housing is growing its name and more and more people recognize it as the conduit for empowering women and breaking the cycle of domestic violence.

Co-Chairs and Board Members

Elizabeth Levangie joined Dorothy Pedlar as Co-Chair in June of 2013. In September of 2013 Dorothy took a leave and eventually left the organization. In her absence, Michelle Kelly agreed to re-join the organization in December of 2013 and has been active as Co-Chair since January 2014.

In the fall of 2013, Fiona Bergin joined the board, and in the Spring of 2014 four new board members were welcomed - Karen Gordon, Sheila Olyer, Amy Glynn and Erin LeCain.

We also said goodbye to long-serving Board Members Dorothy Pedlar and Jamey Piedalue who we thank for their efforts and wish them well.

Succession Planning

Joanne Bernard left Alice Housing in October of 2013 following her successful election campaign. At that time a hiring committee was organized to find her replacement. In January of 2014 the Board secured a contract with Snow Recruit to find a new Executive Director. We are pleased to announce that Alicia Nolan joined the organization as Executive Director in April of 2014 and are looking forward to the new directions Alicia will take Alice Housing through.

Fundraising and Gala

In March of 2013, Alice Housing hired its first Fund Raising Coordinator. This was a new role for Alice Housing and it was extended as a one year contract on a trial basis. The decision to hiring this position was a result of the strategic planning session held in September of 2012.

During the course of the year the Fundraising Coordinator worked to raise the profile of the organization through soliciting corporate donations and through the organizing of a Gala dinner celebrating 30 years of Alice Housing. The board agreed that they would temporarily suspend other fundraising events, with the exception of the luncheon to allow for the Gala to generate as much interest as possible.

The Gala was a success. It was a sold-out event that secured one-time corporate donations and allowed us the opportunity to publically recognize all the people who have helped to contribute Alice Housing's success.

In May 2013, a very successful luncheon launched the new fiscal year. Senator Jacques Demers was the speaker and it again was a sold-out event.

Both the Luncheon and Gala fundraising events were great contributing factors to our year end surplus.

In December of 2013, the Board decided not to renew the Fundraising Coordinator position partly due to it not meeting the financial goals set for the role as well as our focus on hiring a new Executive Director. As we move into 2014, the board will be exploring alternative fundraising opportunities with our new ED.

It is also worth noting that for the upcoming fiscal, Alice Housing secured additional provincial funding in the amount of \$115,000 as well as new funding to create a new outreach program. We also received a donation from the Galen Weston Fund in the amount of \$30,000 in December of 2013 and have been chosen as Royal LePage 's charity for their fundraising initiatives.

Strategic Planning

Alice Housing Board and staff plan to begin the year in September 2014 with an Information Session for new board members. Some key issues we will be exploring include:

- 1) The future of fundraising:
 - a. Key Annual Events
 - b. Secure Corporate Sponsorships for Alice Housing programs
 - c. Create and begin funding a Legacy fund or foundation
- 2) Succession planning for our Key Positions.
- 3) Key areas of growth and development for the organization.

Awards

Alice Housing once again was awarded the Donner Award for Excellence in the Provision of Basic Necessities. Our continued recognition by this prestigious organization is wonderful and shows just how hard the staff of Alice Housing work.

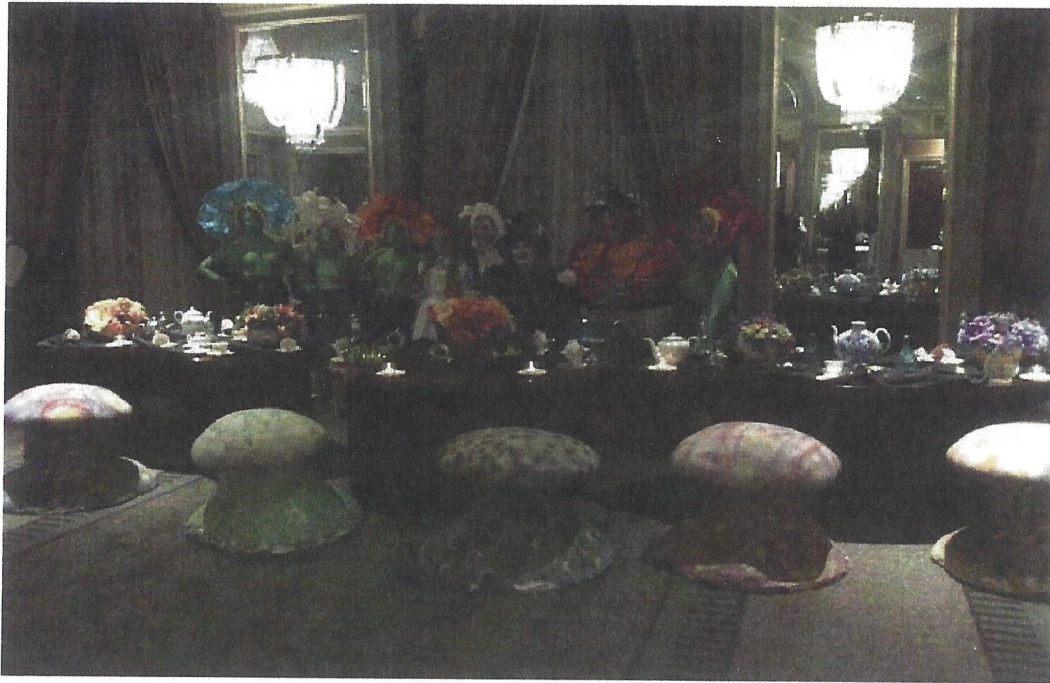
In addition, we were the lucky recipient of the Maritime Philanthropy Award for Outstanding Event in recognition of our Gala – Alice through the Looking Glass.

Finally, in May of 2014, Alice Housing was chosen to host Her Royal Highness The Duchess of Cornwall as she embarked on her Canadian tour. This event garnered national press and was featured in several national and international media stories and we were happy to be given such an opportunity.

As you can see, 2013 was a year of change but a year of recognition and award for Alice Housing. We hope 2014/2015 brings us similar success and wish to extend sincere thank you (s) to all who make Alice Housing the organization it is.

Respectfully submitted by,

Michelle Kelly & Elizabeth Levangie, Co-Chairs



CELEBRATING THIRTY YEARS

ALICE THROUGH THE LOOKING GLASS

Winner of Maritime Philanthropy Awards for Special Event 2014

**Alice Housing would like to thank the following friends for their generosity
and continued support.**

100 Women Who Care	Keller Williams Realty
Air Canada	Knox Law
Air Canada Dreams Take Flight	Lyle Tilley Davidson
Alice Housing Christmas Angels	MacFarland's
Atlantic Lottery Corporation	Manulife Financial
Bell Aliant	Maple Trade Finance
Boyne Clarke	Medavie Health Foundation
Canadian Progress Club – Halifax Cornwallis	Newalta
Canadian Women's Foundation	NS Advisory Council on the Status of Women
Christ Church	NS Department of Community Services
CIBC Wood Gundy – Suzanne Sheaves Group	NS Department of Justice
Clearwater Seafoods Limited Partnership	Prince Andrew High School
Cox Palmer	RBC
Deloitte	Scotiabank
Domus Realty Limited	Senator Jacques Demers – The Lavin Agency
Enterprise Rent-a-Car	Sisters of Charity
Flemming Charitable Foundation	The 1998 Foundation
Grace Chapel	The Donner Canadian Foundation
Halifax Harbour Bridges	The Home Depot Canada Foundation
Halifax Protestant Infant's Foundation	The McLean Foundation
Halifax Regional Municipality	The W. Garfield Weston Foundation
Halifax Regional Police	The Westin Nova Scotian
Halifax Youth Foundation	Toscan-Casale Foundation
IMP	United Way of Halifax Region
Imperial Oil Foundation	Weldon McInnes
Invis Inc. Angels in the Night	Wickwire Holm

To protect privacy, we do not list donations made by individuals. If we have excluded anyone from this list, please know that your kindness has not been forgotten and is greatly appreciated

Executive Directors Report

It was with great pleasure that I joined Alice Housing in April 2014, to begin my new role as Executive Director.

I have been welcomed by both the staff and Board, who did an excellent job during the transition period between Executive Directors . As we all know, Joanne Bernard left an amazing legacy of excellence in program development, raising the profile, and fund development. Through her innovative approach in creating Healing The Bruises, she brought much needed attention to the devastating impact of domestic violence on children. I will endeavour to be a good steward of these resources and build upon this great work.

Since I began, I have been very impressed with how each part of Alice Housing contributes to the overall journey of healing and recovery in the lives of women and children. From the securing of *safe and affordable housing*, through to ongoing counselling programs, the journey helps women and their families rebuild their lives. *Live SAFE* is a combination of individual and group counselling programs which include a 16 week Personal Empowerment Program (PEP) and an 11 week Beyond Trauma Program. The counselling model is holistic in nature embodying mind, body and spirit *Healing The Bruises* offers child/youth counselling focused on the individual child, parent and parent-child programs, and liaison with school principals, guidance and other community partners. Alice Housing is a leader in the provision of trauma informed counselling to woman and children who have experienced domestic violence.

I think one of the key strengths of Alice Housing lies in the collaboration of the counsellors, the Housing Coordinator and Administrative staff to make the program optimal for each woman and her family. “The whole is greater than the sum of its parts”.

I look forward to a great year working with this team.

Respectfully submitted

Alicia Nolan

Financial Report 2013-2014

This committee is comprised of Leslie Hawco, CA, CBV and Ad Hoc member, Donna Fowler.

During the year ended March 31, 2014, Alice Housing had revenues of \$ 628,561 and expenditures of \$573,813 which resulted in excess revenues over expenditures of \$54,748. Total revenues decreased by \$157,003 from the prior year which is primarily due to the year over year increase in sponsorship and fundraising revenue. Alice Housing realized a gain on investments of \$ 8,370 which is an improvement from the gain of \$7,209 in the previous year.

Funding from the Province of Nova Scotia decreased moderately from the prior year by \$3,134 to \$45,642. The budgeted funding for 2014-2015 is \$ 210,642, due to an increase in committed funding. Provincial funding makes up 35% of total budgeted revenues.

Overall, Administrative and Other realized an overall increase of \$69,910, or 18%. This is attributed to a number of factors including increased fundraising expenditures for the 2013 Gala of \$17,000, and the hiring of a part-time fundraiser. Administration costs increased by \$8,000 from the prior year, as a result of the hiring of Snow Recruitment to assist in finding and hiring an Executive Director. Repairs and Maintenance increased from the prior year by \$9,500 as a result of the replacement of furnace at the Drop-in Centre.

Fiscal 2014/2015 looks promising for Alice Housing. The Board has approved a conservative budget for fiscal 2014/2015 projecting an increase in resources of \$50,308 by March 31, 2015.

Respectfully submitted,

Leslie Hawco, CA, CBV Treasurer

**ALICE HOUSING
(SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH)**

FINANCIAL STATEMENTS
for the year ended March 31, 2014

**ALICE HOUSING
(SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH)**

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LYLE TILLEY DAVIDSON

Chartered Accountants



INDEPENDENT AUDITOR'S REPORT

To the members of **Alice Housing**

We have audited the accompanying financial statements of **Alice Housing**, which comprise the balance sheet, as at March 31, 2014 and the statements of changes in net assets, revenues and expenditures and cash flow for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

The Association reports revenues from donation and fundraising, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the company and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenue over expenses, and net assets.

(continued)

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A MEMBER OF NEXIA INTERNATIONAL

Opinion

In our opinion, except for the effect of adjustments, if any, which we might have determined to be necessary had we been able to satisfy ourselves concerning the completeness of the contributions referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of **Alice Housing** as at March 31, 2014, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.



CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

June 4, 2014

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
BALANCE SHEET
as at March 31, 2014

	2014	2013
ASSETS		
CURRENT ASSETS		
Cash - unrestricted	\$ 86,515	\$ 19,195
Accounts receivable (note 3)	17,199	10,926
Prepaid expenses	1,311	7,440
	105,025	37,561
CASH - RESTRICTED		
Replacement reserve	8,215	6,724
Security deposit	4,366	4,362
Operating reserve (notes 4 and 5)	90,303	107,517
	102,884	118,603
CAPITAL ASSETS (note 6)	442,281	462,800
INVESTMENT FUND (note 7)	32,944	28,669
COPYRIGHT AND TRADEMARK (note 8)	4,926	4,926
	480,151	496,395
	\$ 688,060	\$ 652,559
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities (note 9)	\$ 40,711	\$ 32,503
Deferred revenue	8,970	7,756
Security deposits	4,593	4,303
Current portion of long-term debt (note 10)	19,685	23,210
	73,959	67,772
LONG TERM DEBT (note 10)	69,049	87,843
LONG-TERM DEFERRED GOVERNMENT GRANT	159,491	166,136
	302,499	321,751
NET ASSETS		
UNRESTRICTED NET ASSETS	92,987	28,392
NET ASSETS FOR REPLACEMENT RESERVE	8,215	6,724
NET ASSETS FOR OPERATING RESERVE	90,303	110,080
NET ASSETS INVESTED IN CAPITAL ASSETS	194,056	185,612
	385,561	330,808
	\$ 688,060	\$ 652,559

Signed on behalf of the Board

_____ Director _____ Director

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
STATEMENT OF REVENUE AND EXPENDITURES
for the year ended March 31, 2014

	2014	2013
REVENUE (schedule A)	\$ 122,629	\$ 99,316
EXPENDITURES (schedule A)	119,309	120,474
	<u>3,320</u>	<u>(21,158)</u>
OTHER INCOME		
Province of Nova Scotia	45,642	48,776
United Way	57,957	40,870
Donations and fundraising	385,108	267,227
Investments and investment fund (note 5)	8,370	7,209
Criminal Injuries Justice Fund	8,855	8,160
	<u>505,932</u>	<u>372,242</u>
INCOME BEFORE ADMINISTRATIVE AND OTHER EXPENDITURES	<u>509,252</u>	<u>351,084</u>
ADMINISTRATIVE AND OTHER EXPENDITURES		
Administration	36,228	27,902
Book publishing	361	123
Fundraising expenses	56,893	39,904
Professional fees	5,544	8,257
Program	10,512	7,326
Public relations	6,122	7,612
Repairs	10,736	1,233
Salaries and benefits	305,339	269,755
Telephone	7,510	7,506
Travel	6,068	5,273
Utilities	9,191	9,703
	<u>454,504</u>	<u>384,594</u>
EXCESS OF REVENUES OVER EXPENDITURES (EXPENDITURES OVER REVENUE) FOR THE YEAR	<u>\$ 54,748</u>	<u>\$ (33,510)</u>

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
STATEMENT OF CHANGES IN NET ASSETS
for the year ended March 31, 2014

	Unrestricted Net Assets	Operating Reserve Net Assets	Replacement Reserve Net Assets	Capital Reserve Net Assets	Net Assets Invested in Capital Assets	Total 2014	Total 2013
Balance - beginning of year	\$ 28,392	\$ 110,080	\$ 6,724	\$ -	\$ 185,612	\$ 330,808	\$ 364,318
Excess of revenue over expenditures (expenditures over revenue)	54,748	-	-	-	-	54,748	(33,510)
Amortization of capital assets	13,304	-	-	-	(13,304)	-	-
Changes in investments	19,777	(19,777)	5	-	-	5	-
Repayment of mortgages	(21,748)	-	-	-	21,748	-	-
Transfer to replacement reserve	(1,486)	-	1,486	-	-	-	-
Balance - end of year	\$ 92,987	\$ 90,303	\$ 8,215	\$ -	\$ 194,056	\$ 385,561	\$ 330,808

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
STATEMENT OF CASH FLOW
for the year ended March 31, 2014

	2014	2013
OPERATING ACTIVITIES		
Excess of revenue over expenditures (expenditures over revenue) for the year	\$ 54,748	\$ (33,510)
Amortization - property & equipment	19,949	33,626
Gain on disposal of investments	(20,246)	(844)
Unrealized loss (gain) on investments	18,014	(2,719)
Amortization - long-term deferred government grant	(6,645)	(6,922)
	<u>65,820</u>	<u>(10,369)</u>
Changes in non-cash working capital:		
Accounts receivable	(6,273)	742
Change in restricted cash	(1,495)	460
Prepaid expenses	6,129	92
Deferred revenue	1,214	(438)
Accounts payable and accrued liabilities	8,198	13,499
Security deposits	290	298
	<u>73,883</u>	<u>4,284</u>
FINANCING ACTIVITIES		
Repayment of long-term debt	(22,318)	(23,911)
	<u>(22,318)</u>	<u>(23,911)</u>
INVESTING ACTIVITIES		
Purchase of capital assets	-	(1,163)
Proceeds from sale of investments	102,682	20,000
Purchase of short-term investments	(86,927)	(3,646)
	<u>15,755</u>	<u>15,191</u>
INCREASE (DECREASE) IN UNRESTRICTED CASH FOR THE YEAR	67,320	(4,436)
UNRESTRICTED CASH - BEGINNING OF YEAR	<u>19,195</u>	<u>23,631</u>
UNRESTRICTED CASH - END OF YEAR	<u>\$ 86,515</u>	<u>\$ 19,195</u>

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

STATUS OF ORGANIZATION AND NATURE OF ACTIVITIES

Alice Housing (Second Stage Housing Association of Dartmouth), formally known as W. Williams Non-profit Housing Association, was incorporated in November of 1982 and provides second stage housing and support counselling for women and children leaving domestic abuse.

The Association is a registered charity and as such, is exempt from income taxes under the Canadian Income Tax Act.

During the year, the Association changed its legal name from W. Williams Non-profit Housing Association to Second Stage Housing Association of Dartmouth.

1. ACCOUNTING POLICIES

Basis of Presentation

These statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

Financial instruments

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Use of estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets, and deferred revenue.

Revenue recognition

Alice Housing follows the deferral method of accounting for contributions. Restricted contributions and government assistance are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

continued...

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

1. ACCOUNTING POLICIES (continued)

Capital assets

(a) Units A & B, E and Duplexes 1 and 2

Property, buildings and equipment are stated at cost. Amortization on the property and buildings is provided at an amount equal to the principal retirement on long-term debt. Amortization on equipment is at an annual rate of 20% starting in 2004.

(b) Drop-in Centre/Office

Property, building and equipment are stated at cost. Property, building and equipment are amortized over their estimated useful lives on a declining balance basis at the following rates:

Property and Building	4%
Equipment	20%

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; amortization is prorated in the year of disposal.

Long-term deferred government grant

The long-term deferred government grants are recorded at the cost of the Drop-in Centre/Office, building and equipment, which were fully funded by an HRDC grant. Amortization is recorded at an amount equal to amortization of the related capital assets.

Contributed services and materials

Volunteers contribute many hours per year to assist the association in carrying out its activities. As well, the association accepts various household items, clothes and food as donations that the women are able to take. Due to the difficulty in determining their fair value, contributed services and materials are not recognized in the financial statements.

Government assistance

Alice Housing receives shelter enhancement funding to cover the cost of the repairs on the rental properties. This funding is recorded in the year it is received and is offset against repairs expense.

Impairment of long lived assets

The association tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

2. FINANCIAL INSTRUMENTS

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The society is exposed to this risk mainly in respect of its receipt of funds from its customers and other related sources and accounts payable.

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The centre is mainly exposed to interest rate risk.

Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the centre manages exposure through its normal operating and financing activities. The centre is exposed to interest rate risk primarily through its investments in Guaranteed Investment Certificates.

The Guaranteed Investment Certificates included in short-term investments are recorded at market value including accrued interest, which is determined by the closing value of these investments and approximates fair market value. The balances at year end included accrued interest of \$845 (2013 - \$-).

3. ACCOUNTS RECEIVABLE

	<u>2014</u>	<u>2013</u>
Rent receivables	\$ 3,313	\$ 1,300
HST rebate receivable	13,886	9,626
	<u>\$ 17,199</u>	<u>\$ 10,926</u>

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
 NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

4. RESERVE DESCRIPTIONS

Replacement Reserve

The replacement reserve is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A and B. This reserve is required under the terms of a financing agreement with Canada Mortgage and Housing Corporation, the Minister of Housing of the Province of Nova Scotia and the Halifax Regional Municipality.

Operating Reserve

The operations reserve was established in March 2009 and is to be used to cover any emergencies in the operations of Alice Housing. As at March 31, 2014, the balance is \$90,303 (2013 - \$107,517).

5. INVESTMENTS

(a) Income (loss)

	<u>2014</u>	<u>2013</u>
Interest	\$ 10	\$ 8
Dividends	1,854	1,076
Realized gain on sale	20,246	844
Unrealized gain (loss)	(18,014)	2,719
Increase in endowment fund value	4,274	2,562
	<u>\$ 8,370</u>	<u>\$ 7,209</u>

(b) Holdings at market value

	<u>2014</u>	<u>2013</u>
Cash and short-term investments	\$ 67,505	\$ -
Mutual funds	22,798	107,517
Investment fund	32,944	28,669
	<u>\$ 123,247</u>	<u>\$ 136,186</u>

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

6. CAPITAL ASSETS

	2014		2013	
	Cost	Accumulated amortization	Net	Net
Unit A	\$ 181,678	\$ 181,001	\$ 677	\$ 4,806
Unit B	98,613	97,273	1,340	1,675
Duplex 1	37,853	37,280	573	716
Duplex 2	35,450	35,009	441	551
Drop in Centre/Office	235,000	75,509	159,491	166,136
Unit E 1	157,235	16,917	140,318	144,915
Unit E 2	156,224	16,783	139,441	144,001
	\$ 902,053	\$ 459,772	\$ 442,281	\$ 462,800

The units and duplexes are held for rental purposes.

7. INVESTMENT FUND (Alice Housing Fund)

In 2011, Alice Housing entered into an agreement with The Community Foundations of Canada (Foundation) to establish the The Alice Housing Fund with an initial gift of \$25,000. Per their agreement, the Foundation will provide administrative, fund development, and grant making expertise and promotion of The Alice Housing Fund.

The Fund is invested by the Foundation and any investment income or donations received shall be disbursed on an annual basis to Alice Housing. At Alice Housing's discretion, the income may be paid to Alice Housing or reinvested in the Fund.

The Fund will be held permanently by the Foundation until the agreement is amended, or Alice Housing ceases to exist. In the event Alice Housing ceases to exist, the contribution will remain with the Foundation to support other charities or charitable causes as determined by Alice Housing. Should the Foundation cease to exist, Alice Housing would receive their proportionate share of the market value of the investments in the Foundation represented by the Fund.

8. COPYRIGHT AND TRADEMARK

The Association obtained the copyright and trademark of their Healing the Bruises Program. This is an internally developed children's program used to assist youth in their rehabilitation and recovery from abusive relationships. It is the intention of the Association to lend or licence the use of this program to other similar organizations.

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
NOTES TO FINANCIAL STATEMENTS
for the year ended March 31, 2014

9. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

	2014	2013
Trade payables and accrued liabilities	\$ 37,077	\$ 24,560
Source deductions payable	3,636	7,943
	\$ 40,713	\$ 32,503

10. LONG-TERM DEBT

	2014	2013
2.44% mortgage payable, repayable in blended monthly installments of \$1,198, renewable in January 2015, secured by land and building to which it relates with a net book value of \$nil.	\$ 11,849	\$ 25,755
2.44% mortgage payable, repayable in blended monthly installments of \$487, renewable in January 2015, secured by land and building to which it relates with a net book value of \$nil.	4,814	10,464
4.5% mortgage payable, repayable in blended monthly installments of \$506, renewable in June 2016, secured by land and building to which it relates with a net book value of \$279,759.	72,071	74,834
	88,734	111,053
Less: current portion	19,685	23,210
	\$ 69,049	\$ 87,843

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions, assuming renewal of the mortgages on identical terms, is as follows:

Year ending March 31, 2015	\$ 19,685
2016	3,161
2017	3,306
2018	3,458
2019	3,617
Thereafter	55,507

Schedule A

ALICE HOUSING
SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH
 SCHEDULE OF EARNINGS FROM OPERATIONS
 for the year ended March 31, 2014

	Unit E	Unit A	Unit B	Duplex 1 & 2	Total 2014	Total 2013
REVENUE						
Rentals	\$ 14,435	\$ 44,770	\$ 24,041	\$ 25,673	\$ 108,919	\$ 93,394
Grants	-	-	-	11,500	11,500	-
CMHC rent subsidy	-	849	518	-	1,367	4,789
Washers and dryers	-	507	336	-	843	1,133
	14,435	46,126	24,895	37,173	122,629	99,316
EXPENDITURES						
Amortization	9,157	3,894	-	253	13,304	26,704
Heat	749	11,207	5,577	10,708	28,241	21,864
Insurance	1,154	2,180	1,157	1,623	6,114	5,822
Miscellaneous	252	-	-	75	327	405
Mortgage interest	3,291	444	180	-	3,915	4,662
Power	-	1,606	1,872	352	3,830	3,309
Property taxes	3,903	921	900	1,358	7,082	6,915
Repairs, net of shelter enhancement grants	4,487	17,507	3,958	21,323	47,275	38,955
Security	890	774	774	1,578	4,016	6,658
Water	1,095	1,383	1,018	1,709	5,205	5,180
	24,978	39,916	15,436	38,979	119,309	120,474

EXCESS REVENUE OVER EXPENDITURE	\$ (10,543)	\$ 6,210	\$ 9,459	\$ (1,806)	\$ 3,320	\$ (21,158)
(EXPENDITURES OVER REVENUE)						